



POOL SCHEDULE

January 2 - March 10, 2019

POOL RULES

- ALL CHILDREN AGE 12 & UNDER MUST BE WITH AN ADULT
- Non-swimmers ages 6 & under are required to have an adult in the water within arms reach.
- CHILDREN WEARING SWIM AIDS MUST HAVE AN ADULT IN THE WATER, & MUST REMAIN IN SHALLOW WATER AND STAY WITHIN (1) ARM-LENGTH OF THE CHILD
- All children who would like to swim in water deeper than armpit depth are requested to take our "swim test" prior to taking that first "dip". Children will be given a color-coded "swim" necklace that they must wear when in our pool.
- Diving is NOT permitted due to the 7 foot depth of our pool.
- No jumping in shallow end.
- No horseplay, flips, twists, or back dives.
- Please do not run in pool or balcony.
- Please do not use inflatable swim aids
- Help us avoid pool "accidents", please have a swim diaper on all children not completely toilet trained
- Swimmers only in the pool areas. All spectators should remain in the balcony area
- Please do not bring food, drinks or breakable objects into the aquatic areas or balcony (exception water)
- Bathing suits should be appropriate. Please do not wear cutoffs, thongs, or see through fabric bathing suits.
- Lap lanes are for lap swimming. Please refer to the scheduled days/times for each pool's lap recreational availability
- All patrons must have a towel and dry off before exiting pool area
- Children not potty trained must wear a swim diaper. Regular diapers are not permitted in the pool.
- No street shoes on deck (leave in hallway outside pool area)
- Equipment is for adult lap swimmers 18 & older, Y classes/programs. Bubbles & noodles can be used by recreational swimmers
- Lifeguards will enforce and add rules as needed.

Thank You

RECREATIONAL SWIM SCHEDULE

LAP LANES		FAMILY SWIM
MONDAYS	5:30 am-8:15am (6 lanes) 8:15 am-4:15 pm (3 lanes) 4:30 pm-5:15 pm (2 lanes) 5:15 pm-6:00 pm (3lanes) 6:00 pm-7:00 pm (2 lanes)	9:00 am-1:00 pm (3 lanes) 2:30 pm-4:30 pm (3 lanes) 5:15 pm-5:50 pm (3 lanes)
TUESDAYS	5:30 am-9:00 am (6 lanes) 9:00am-3:45 pm (3 lanes) 4:00 pm-7:00 pm (2 lanes) 7:00 pm-8:30 pm (3 lanes)	9:00 am-9:40 am (3 lanes) 11:30 am-3:45 pm (3 lanes) 7:00 pm-8:30 pm (3 lanes)
WEDNESDAYS	5:30 am-8:15am (6 lanes) 8:15 am-4:00 pm (3 lanes) 4:00 pm-5:15 pm (2 lanes) 5:15 pm-6:00 pm (2 lanes) 6:00 pm-7:00 pm (2 lanes)	9:00 am-9:40 am (3 lanes) 12:15 pm-2:15 pm (3 lanes) 3:15 pm-3:45 pm (3 lanes) 5:15 pm-5:50 pm (3 lanes)
THURSDAYS	5:30 am-9:00 am (6 lanes) 9:00am-4:00 pm (3 lanes) 4:00 pm-5:15 pm (2 lanes) 5:15 pm-6:30 pm (3 lanes)	9:00 am-9:40 am (3 lanes) 11:30 am-4:00 pm (3 lanes)
FRIDAYS	5:30 am-8:15 am (6 lanes) 8:15 am-9:00 am (2 lanes) 9:00 am-4:30 pm (3 lanes) 4:30 pm-5:15 pm (2 lanes) 5:15 pm-6:00 pm (3 lanes) 6:00 pm-7:00 pm (2 lanes)	12:15 pm-1:00 pm (3 lanes) 2:30 pm-4:30 pm (3 lanes) 5:15 pm-5:50 pm (3 lanes)
SATURDAYS	7:00 am-8:15am (1 lane) 8:30 am-12:00 n (2 lanes) 12:00 pm-4:00 pm (3 lanes)	12:15 pm-4:00 pm (3 lanes) (Family Wibits)
SUNDAYS	8:00 am-1:30 pm (3 lanes)	8:00 am-1:30 pm (3 lanes) Family Wibits

The Navy will be using 3 lanes of our pool to test recruits 3:00-3:30pm on the last Thursday of each month. 3 lap lanes will remain open during this time

All pool schedules are subject to change

YMCA MISSION: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.