



# POOL SCHEDULE

June 12—July 2, 2017

## POOL RULES

- ALL CHILDREN AGE 12 & UNDER MUST BE UNDER ADULT.
- Non-swimmers ages 6 & under are require to have an adult in the water within arms reach.
- CHILDREN WEARING SWIM AIDS MUST HAVE AN ADULT IN THE WATER, & MUST REMAIN IN SHALLOW WATER AND STAY WITHIN (1) ARM-LENGTH OF THE CHILD.
- All children who would like to swim in water deeper than armpit depth are requested to take our "swim test" prior to taking that first "dip" Children will be given a color-coded "swim" necklace that they must wear when in our pool.
- Diving is NOT permitted due to the 7 foot depth of our pool.
- No jumping in shallow end.
- No horseplay, flips, twists, or back dives.
- Please do not run in pool or balcony.
- Please do not use inflatable swim aids.
- Help us avoid pool "accidents", please have a swim diaper on all children not completely toilet trained.
- Please do not bring food, drinks or breakable objects into the aquatic areas or balcony (exception water).
- Bathing suits should be appropriate. Please do not wear cutoffs, thongs, or see through fabric bathing suits.
- Lap lanes are for lap swimming for adults and swim team members. Please refer to the scheduled days/times for each pools lap recreational availability.
- All patrons must have a towel and dry off before exiting pool area
- No street shoes on deck (leave in hallway outside pool area).
- Equipment is for adult lap swimmers 18 & older, Y classes/programs. Bubbles & noodles can be used by recreational swimmers.
- Lifeguards will enforce and add rules as needed.

Thank You

\*Starting June 20th through August, the swim team will be using 2 lanes from 7:00 am-9:00 am

\*XBIT will take 3 lanes the second Saturday of each month from 8:00 am-9:00 am.

## RECREATIONAL SWIM SCHEDULE

LAP LANES		FAMILY SWIM
Mondays	5:30 am-7:00am (6 lanes) *7:00 am-9:00 am (1 lane) 9:00 am-1:00 pm (3 lanes) 1:00 pm-6:30 pm (3 lanes) 6:30 pm-8:00 pm (1 lane)	7:30 am-8:15 am (3 lanes deep end only) *1:00 pm-3:00 pm (3 lanes) 3:15 pm-4:00 pm (3 lanes, deep end only)
Tuesdays	5:30 am-7:00 am (6 lanes) *7:00 am-8:00 am (4 lanes) *8:00 am-9:00 am (1 lane) 9:00 am-1:00 pm (3 lanes) 1:00 pm-4:00 pm (4 lanes) 4:00 pm-5:15 pm (3 lanes) 5:15 pm-8:00 pm (4 lanes)	1:00 pm-4:00 pm (2 lanes) 5:30 pm-8:00 pm (2 lanes)
Wednesdays	5:30 am-7:00 am (6 lanes) *7:00 am-9:00 am (1 lane) 9:00 am-9:40 am (3 lanes) 9:40 am-1:30 pm (4 lanes) 1:30 pm-6:30 pm (3 lanes) 6:30 pm-8:00 pm (1 lane)	7:30 am-8:15 am (3 lanes deep end only) 9:40 am-12:15 pm (2 lanes) 3:15 pm-4:00 pm (3 lanes, deep end only)
Thursdays	5:30 am-7:00 am (6 lanes) *7:00 am-8:00 am (4 lanes) *8:00 am-9:00 am (1 lane) 9:00 am-1:00 pm (3 lanes) 1:00 pm-4:00 pm (4 lanes) 4:00 pm-5:15 pm (3 lanes) 5:15 pm-6:30 pm (4 lanes) 6:30 pm-8:00 pm (1 lane)	1:00 pm-4:00 pm (2 lanes) 5:30 pm-6:30 pm (2 lanes)
Fridays	5:30 am-7:00 am (6 lanes) *7:00 am-9:00 am (1 lane) 9:00 am-11:30 am (3 lanes) 11:30 am-6:30 pm (4 lanes) 6:30 pm-8:00 pm (1 lane)	7:30 am-8:15 am (3 lanes deep end only) *11:45 am-3:00 pm (2 lanes) 3:00 pm-4:00 pm (3 lanes, deep end only)
Saturdays	*7:00 am-9:00 am (6 lanes) 9:00 am-4:00 pm (3 lanes)	9:00 am-4:00 pm (3 lanes)
Sundays	8:00 am-2:00 pm (3 lanes)	8:00 am-2:00 pm (3 lanes)

All pool schedules are subject to change

YMCA MISSION: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.